Concept 2

Rowerg — Skierg Bikeerg L. HOLIDAY CHALLENGE



November 27 to December 24 IT'S EASY TO PARTICIPATE

Complete 100,000 meters or 200,000 meters on the Concept2® RowErg®, SkiErg®, or BikeErg® from November 27 to December 24. All ages and abilities can participate! Note: BikeErg meters count for half the distance when applied to the challenge.

Support great causes with your meters!

- Oxfam America Oxfam is a global organization that fights inequality to end poverty and injustice. Their efforts are currently focused on helping Gaza, Israel, Ukraine, and East Africa. https://www.oxfamamerica.org/
- ValorFit ValorFit provides Veteran support through a network of gyms and fitness professionals designed to drive strength, wellness, and to foster meaningful relationships that inspire individual success, growth, and empowerment. https://www.valorfit.org/
- **KEEN** KEEN empowers youth with disabilities through participation in free, non-competitive, one-on-one programs of physical activity and fun. They strive to support the overall health and well-being of all participants with the help of volunteer-based coaches. https://www.keenusa.org/
- Northern Forest Center NFC, impacting norther Maine, New Hampshire, Vermont, and New York, strives to invest in advancing rural economies, communities, nature, and recreation in sustainable and renewable practices to create a foundation for a vibrant future in the North Country. https://northernforest.org/

Enter your meters in your Concept2 Online Logbook. Visit <u>concept2.com/challenges</u> for instructions. FREE prizes for completing the challenge.

#c2challenge

800.245.5676 concept2.com/challenges