concept 2

RowERG SkiERG BikeERG StrengthERG

CONCEPT2 HOLIDAY CHALLENGE

NOVEMBER 26 TO DECEMBER 24

IT'S EASY TO PARTICIPATE

Complete 100,000 meters or 200,000 meters on the Concept2 RowErg, SkiErg, or BikeErg from November 26 to December 24. StrengthErg work counts too! All ages and abilities can participate!

Note: BikeErg meters count for half the distance when applied to the challenge. Every 5 Kg-m of work on the StrengthErg is worth 1 meter toward your challenge total.

Support great causes with your meters!

- **Invictus Games Foundation** Funding vital adaptive sports programs, community grants, and peer support networks for wounded, injured, and sick service personnel and veterans worldwide. invictusgamesfoundation.org
- **Natural Resources Defense Council** Defending our environment and public health by fighting climate change, protecting wildlife, and advocating for clean air, safe water, and a sustainable planet for all. nrdc.org
- **WarChild USA** Empowering children living through war to reclaim their childhoods by investing in local community solutions, education and psychological support. warchildusa.org
- **Wood4Good** Ensuring no Vermont neighbor has to choose between food, medicine and heat by providing free seasoned firewood to local families, seniors, and veterans in need. wood4good.org

Enter your meters in your Concept2 Online Logbook.
Visit concept2.com/challenges for instructions.
FREE prizes for completing the challenge.

SCAN FOR HOLIDAY CHALLENGE

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